

Farmingdale State College



Blood Drive

Tuesday, October 10, 2017

10:00am – 7:00pm

Campus Center Ballroom

OUR GOAL IS 150 PINTS OF BLOOD

The best way to recruit for a successful blood drive is to personally ask as many people as possible to help save a life by donating blood.

For medical eligibility please call 1-800-688-0900.

Donor Name	Phone #	1 st choice	2 nd choice

DID YOU KNOW...

- One pint of blood can **save up to 3 lives** because blood can be divided into different components.
- You must be between the ages of 16 and 75 to donate blood (16 year olds need parental permission. Age 76 and over need doctor's note).
- You must weigh at least 110 lbs. to donate.
- It is perfectly safe to donate blood every 56 days.
- **Please bring your blood donor card** or identification with photo or signature.
- Eat well and drink plenty of fluids before donating.
- If you cannot make your appointment time, please come when you can. We need every donor! Is there someone else you would like to bring along to donate?

Please return this sign up sheet to the Health and Wellness Center

Thank You For Caring!

New York Blood Center