



CREATIVITY & BODY IMAGE

What: A workshop facilitated as part of a senior internship in Applied Psychology at Farmingdale State College

Are you a female student of psychology or simply interested in mental health and wellness? Would you like to experience a creative space to explore and transform your relationship to your body through art, movement, yoga, and mindfulness?

Where: Huntington Village

When: A weekend in April, exact date TBA

Contact Michal Hochman at Michalgh12@gmail.com.